



**Lillian de Lissa**  
Nursery School

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Hello everyone!

Here's some ideas for what to do at home with your child.

The fantastic news is - your child learns through play- play makes them happy - and feeling happy is proven to make the learning stick in their brains too!

If you have a go at any of the activities we'd love to see a photo. You can send them to [s.appadu@ldelissa.bham.sch.uk](mailto:s.appadu@ldelissa.bham.sch.uk)



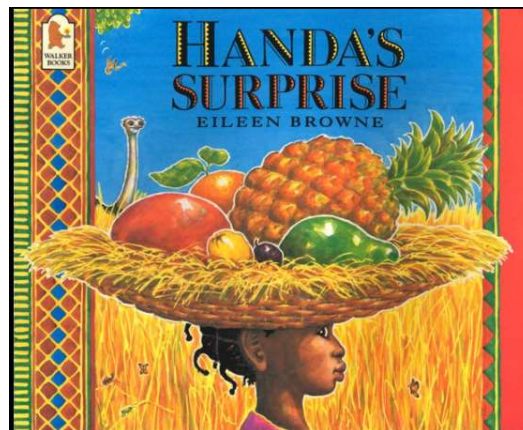
1 At nursery we know that independent children are confident learners.

Getting yourself dressed independently is an important skill. It needs coordination and fingers that can grip zips, push buttons into button holes and hold socks open so that a foot can wiggle in. It's tempting we know to do this for your child especially when you're in a hurry- but they need to be able to do it by themselves. And they need to practice again..and again! Once they know - they won't forget.

Pick one item of clothing to focus on and practice with and find a time when you're not in a rush. It could be socks - show them -put your sock on and talk about what you're doing - "I need 2 hands to hold the hole at the top open and reach down to put it over my toes and pull up!" Praise their efforts at getting dressed. "Wow - so grown up to have a go!"

One technique with praising children is to tell someone- passing on the good news in front of your child- it could be a keyworker at Lillian or a relative - about the progress your child has made with this - it shows your child that you're so proud you just have to tell someone!

"Oh - I'm so proud of \_\_\_\_\_ - s/he got their socks on all by themselves today! So grown up!"



2 At Nursery we have special books - our VERY favourite books that we keep in a book bag on the wall. Ask your child about the bags on the wall - all the children love those stories! Each group has a different bag every half term so that your child has experienced a range of fantastic books. Every week we'll post a link to the books we know that the children love.

Beautiful animation and hungry animals can be found here in this week's pick Handa's Surprise.

Handa fills a basket of fruit for her friend. On her journey to see Akeyo the animals are very interested in the basket too. Will there be any fruit left? Watch and find out!

[https://youtu.be/XyIV\\_xYi0as](https://youtu.be/XyIV_xYi0as)

Please have a look at our Facebook page - we will put videos of keyworkers reading rhymes and stories that the children love.

It can be relaxing to watch them together and learn the rhymes that often have actions. Did you know that listening to stories and rhymes is the most important experience to help your child to learn to read? Research backs that up. It's wonderful!

If you need advice or are struggling in any way please do talk to us. We can put you in touch with people who can help and of course we will always listen. Please phone us on 0121 675 3421.

Kind regards,

All the team at Lillian de Lissa Nursery School