



**Lillian de Lissa**  
Nursery School

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Hello everyone!

Here's some ideas for what to do at home with your child.

The fantastic news is - your child learns through play- play makes them happy - and feeling happy is proven to make the learning stick in their brains too!

If you have a go at any of the activities we'd love to see a photo. You can send them to [s.appadu@ldelissa.bham.sch.uk](mailto:s.appadu@ldelissa.bham.sch.uk)



1 Last week we made toast and sandwiches. On that theme- your children are fascinated by food - either pretending to cook and eat which is what we see at nursery in role play or at lunch time sitting with their friends - a lovely social time.

A great activity that children really enjoy is a picnic - with teddies/dolls or very best of all - YOU!

The preparation could be - making real sandwiches and sitting with your child and toys and eating together. Sitting on a blanket on the floor and eating is officially a picnic wherever you are!

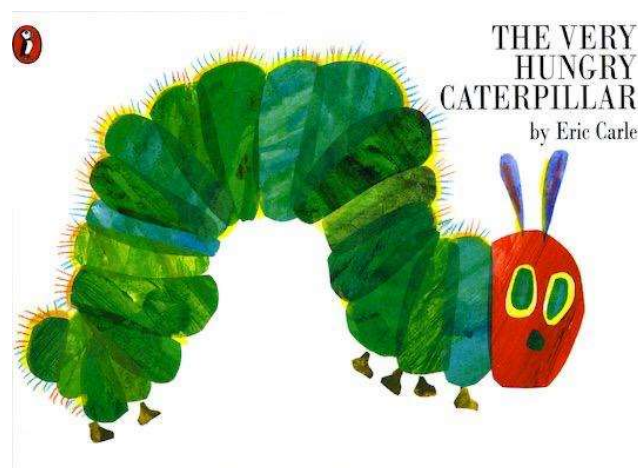
Or you can let your child have a saucepan/plastic bowl and a wooden spoon and some rice/pasta shapes/lentils, some plastic or paper plates, cutlery and let your child pretend to cook and serve you dinner- join in and give lots of praise for their delicious meals!

This has the potential for mess - but the amount of learning that will happen will make it worth it we promise!

We'd also suggest taking a few photos of your indoor picnic if you have a smartphone and looking at them a day or so after.

Ask your child what they remember about what they did - this is good for developing language and reflection.

Seeing themselves in a photo and you listening to them talk about what you did together will make them feel very important.



2 At Nursery we have special books - our VERY favourite books that we keep in a book bag on the wall. Ask your child about the bags on the wall - all the children love those stories! Each group has a different bag every half term so that your child has experienced a range of fantastic books. Every week we'll post a link to the books we know that the children love.

This week it's The Very Hungry Caterpillar, read by the author and illustrator Eric Carle.

<https://youtu.be/75NQQK-Sm1YY>

Please have a look at our Facebook page - we have videos of keyworkers reading rhymes and stories that the children love.

It can be relaxing to watch them together and learn the rhymes that often have actions. Did you know that listening to stories and rhymes is the most important experience to help your child to learn to read? Research backs that up. It's wonderful!

If you need advice or are struggling in any way please do talk to us. We can put you in touch with people who can help and of course we will always listen.

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Kind regards,

All the team at Lillian de Lissa Nursery School