

Week commencing: -

Menu

Monday	Sliced Turkey, new potatoes, peas, sprouts and gravy ●●	Fromage Frais ●
Tuesday	Chicken, Lentil & Vegetable Curry with Rice ●●	Sponge and custard ●●●●
Wednesday	100% Cod Fish Fingers, mashed potato and baked beans ●●●	Pineapple in natural juice
Thursday	Pork Meatballs in Tomato & Basil Sauce, green beans, carrots & Rice ●●	Bananas and custard ●
Friday	Hot Pot (beef mince, diced carrot & Sauté Potatoes) sweetcorn & peas ●●●	Peaches in natural juice

Vegetarian Menu

Monday	Quorn Fillet, new potatoes, peas, sprouts and gravy (lentils) ●●	Fromage Frais ●
Tuesday	Mixed Bean, Lentil & Vegetable Curry with Rice ●●	Sponge and custard ●●●●
Wednesday	Quorn Fillet, mashed potato and baked beans ●●●	Pineapple in natural juice
Thursday	Meat Free Meatballs in Tomato & Basil Sauce (lentils) with green beans, carrots & Rice ●●●	Bananas and custard ●
Friday	Vegetable Hot Pot (mixed beans, diced carrot, lentils Sauté Potatoes) sweetcorn and peas ●●●	Peaches in natural juice

Contains:- ● Dairy ● Wheat/Gluten ● Garlic ● Egg ● Tomato ● Soya

*Allergen Information is listed fully on Ingredients List **The running order of the menu may change without prior notice 1